



Appendix F: Guide for Making Matches at the Local Level

This chart does not replace the rulebook. Revised 11/14/21.



| | Pee Wee | Bantam | Intermediate | Junior | Youth | | Elite | | Masters | |
|--|--|--|--|--|---|---|---|---|---|---|
| Age Division | 8, 9, 10 | 11, 12 | 13, 14 | 15, 16 | 17, 18 | | 19 to 40 | | 35 and older | |
| Match ages by Date of Birth | 8 yr old = 8-9 9 yr old = 8-11 10 yr old = 9-12 | 11 yr old may box 9-13 12 year old may box 10-14 | 13 yr old may box 11-15 14 yr old may box 12-16 | 15 yr old may box 13-17 16 yr old may box 14-17 | 17 yr old may box 15-18 18 yr old may box 17-40 | | All ages may box 18-40 | | May only box other Masters, within 10 years of opponent | |
| 24-month maximum age difference for boxers 8-17. | | | | | | | | | | |
| Weight Differentials for Matched Bouts | 101, and under = 5 lbs 106 = 7 lbs 110 = 7 lbs 114 = 7 lbs 119 = 7 lbs 125 = 9 lbs 132 = 9 lbs 138 = 9 lbs 145 = 9 lbs 154 = 9 lbs 154+ = 12 lbs | 101, and under = 5 lbs 106 = 7 lbs 110 = 7 lbs 114 = 7 lbs 119 = 7 lbs 125 = 9 lbs 132 = 9 lbs 138 = 9 lbs 145 = 9 lbs 154 = 9 lbs 154+ = 12 lbs | 101, and under = 5 lbs 106 = 7 lbs 110 = 7 lbs 114 = 7 lbs 119 = 7 lbs 125 = 9 lbs 132 = 9 lbs 138 = 9 lbs 145 = 9 lbs 154 = 9 lbs 154+ = 12 lbs | 101, and under = 5 lbs 106 = 7 lbs 110 = 7 lbs 114 = 7 lbs 119 = 7 lbs 125 = 9 lbs 132 = 9 lbs 138 = 9 lbs 145 = 9 lbs 154 = 9 lbs 165 = 12 lbs 176 = 12 lbs 176+ = no limit | Men 106 = 6 lbs 112 = 6 lbs 119 = 8 lbs 125 = 8 lbs 132 = 8 lbs 139 = 10 lbs 147 = 10 lbs 156 = 10 lbs 165 = 15 lbs 176 = 15 lbs 189 = 15 lbs 203 = 15 lbs 203+ = n/l | Women 106 = 8 lbs 110 = 8 lbs 115 = 8 lbs 119 = 8 lbs 125 = 8 lbs 132 = 10 lbs 139 = 10 lbs 146 = 10 lbs 154 = 10 lbs 165 = 15 lbs 178 = 15 lbs 178+ = n/l | Men 106 = 6 lbs 112 = 6 lbs 119 = 8 lbs 125 = 8 lbs 132 = 8 lbs 139 = 10 lbs 147 = 10 lbs 156 = 10 lbs 165 = 15 lbs 176 = 15 lbs 189 = 15 lbs 203 = 15 lbs 203+ = n/l | Women 106 = 8 lbs 110 = 8 lbs 115 = 8 lbs 119 = 8 lbs 125 = 8 lbs 132 = 10 lbs 139 = 10 lbs 146 = 10 lbs 154 = 10 lbs 165 = 15 lbs 178 = 15 lbs 178+ = n/l | Men 106 = 6 lbs 112 = 6 lbs 119 = 8 lbs 125 = 8 lbs 132 = 8 lbs 139 = 10 lbs 147 = 10 lbs 156 = 10 lbs 165 = 15 lbs 176 = 15 lbs 189 = 15 lbs 203 = 15 lbs 203+ = n/l | Women 106 = 8 lbs 110 = 8 lbs 115 = 8 lbs 119 = 8 lbs 125 = 8 lbs 132 = 10 lbs 139 = 10 lbs 146 = 10 lbs 154 = 10 lbs 165 = 15 lbs 178 = 15 lbs 178+ = n/l |
| Rounds | 3 Rds of 1 to 1.5 mins | 3 Rds of 1 to 1.5 mins | 3 Rds of 2 mins, or less | 3 Rds of 2 mins, or less | 3 Rds of 3 mins, or less | | 3 Rds of 3 mins, or less | | 3 Rds of 2 mins, or less | |

Protectors: Men must wear a groin protector. Women may wear a groin protector and/or breast protector. Protectors may not conceal any part of the target area.

Allowable items in the corner: A thin coat of vaseline may be used on the face. Water (in clear plastic bottle), towel, ice bag, cold compress, vaseline, swabs, medical gloves. Medications must be labeled.

Coed competition: Boys & girls (ages 8-10) may compete against each other in local and Developmental bouts.

MatchMaking on experience: Coaches' discretion and common sense are used when considering experience, with official in charge providing final match approval.

Development Bouts at Sanctioned events: Ages 8-12 maximum round length is 1.5 mins. Ages 13+ box maximum of 2 min rounds. Exhibition bouts are prohibited.

Uniform: Sleeveless shirt. Waistband must contrast from shirt. No metal on the body (such as piercings). Sponsor and club logos are permitted.

Bandages: Gauze = 49' x 2" + 16' x 4" for knuckle pad. Tape: 16' x 1" or Handwrap (stretch material w/ velcro closure) = 8' to 15' x 2.25"

Long hair: Must wear hair cap or net underneath headgear. Hair may extend beyond the headgear but must be secured to remain to the back of the boxer.

Beard: Beards are permitted at the local and regional level, but the length may not extend past the collar bone.

Mouthguard: Mouthguards may be any color. Losing mouthguard due to blow = Caution. 3rd Caution = Warning. Spitting out the mouthguard = Warning.

Equipment: Boxers 139 lbs or less may wear 10, 12, or 16 oz gloves. Boxers over 139 wear 12 or 16 oz gloves. 16 oz "Masters-approved" gloves okay for all weights. Boxers wear gloves provided by the LBC or sanction holder, and both boxers wear the same size. Headgear must be worn, either open face or with cheek protectors.

Masters boxers must use equipment that is "Masters-approved." List of current headgear & gloves approved for competition: www.teamusa.org/usa-boxing/officials